

## How to become an effective learner?

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Before you can learn a subject or a skill effectively, you need to understand what way or approach you pursue to learn it. You can become an effective learner by assessing your own learning styles, and identify and applying the most appropriate approaches about how to learn.

Learning skills that may help you to become an effective learner are, but not limited to:

- Personal journaling
- River of life
- Action-learning Cycle
- Appreciative enquiry
- Story of change
- Mind mapping
- Analytical/critical thinking
- Questioning
- Listening
- Paraphrasing
- Reading
- Observation

There are so called six Cs behaviors for a successful learner:

